

# Preschool Lunch Ideas

dry cereal and box milk (the kind of milk that doesn't require refrigeration)

nut free muffins

bacon sandwiches

string cheese

ham cubes

cheese cubes

spaghetti, mac and cheese, ravioli, ramen, butter noodles (in an insulated thermos)

chicken nuggets

refried beans with chips and cheese

ham cubes

cheese cubes

jelly sandwiches

hot dogs (sliced and quartered)

bagel pizza

hard boiled eggs

pizza rolls

mini soft tacos

pepperoni slices

sausage biscuit sandwich

bagels and cream cheese

grilled chicken strips with ranch dip

pasta salad

(use cookie cutters to make sandwiches in fun shapes)

